



(Please note that the following is a sample learning plan only, the format used for your learning plan is up to you; however the elements contained in this sample will be what the reviewers are looking for. For further information, please review the Continuing Competency Practice Review Criteria outlined on the CRPNBC website).

**Learning Plan Format: Self Reflection/Evaluation using CRPNBC Standards of Practice Criteria**

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## **Example #1**

- Criteria:**
1. Functions competently as a member of an interdisciplinary team;
  2. Identifies relationship of own role to the health care system;
  3. Assumes required leadership roles.

### **Self-Reflection and Evaluation of Performance/Practice**

#### ***Strengths:***

Have been working well as a member of the interdisciplinary team on the unit where I work. I am able to present my clients at rounds and participate in the planning of holistic appropriate care for my clients. I understand my role and the role of the other team members in providing comprehensive care to clients. I am told by my peers that I am able to provide pertinent client information based on my client assessment. I believe I have good communication skills and therefore am able to advocate for my clients on the interdisciplinary team. See attached for an example of a client situation in which I was involved in planning care and discharge for one of my clients.

#### ***Learning Needs:***

Thus far in my practice I have been involved in planning and providing care for clients on an individual basis but I feel that I need to assume more of a leadership role in relation to the structure and delivery of care on the unit. I need to become more involved in committees that influence the delivery of care on the unit. I also have very little knowledge about the primary health care initiatives that are currently being developed and would like to increase my knowledge base in this area.

### **Learning Goals/Objectives**

I would like to develop increased knowledge and skill related to Primary Health Care Delivery and be able to understand what my role as a psychiatric nurse is within this framework.

### **Learning Plan**

- 1) become a member of a committee focused on evaluating delivery of care processes;
- 2) obtain literature related to Primary Health Care and how this relates to mental health through internet and library searches;
- 3) attend a conference that is focused on Primary Health Care and the nurse's role.

#### ***Supporting Documents***

See attached for:

- an example of a committee task that I worked on with other members of the health care team. I have also included the committee's terms for reference;
- the reference list for the literature review conducted on Primary Health Care;
- Conference Syllabus/Brochure of Primary Health Care conference I attended.

### **Evaluation of Learning Plan**

I feel that I am taking more of a leadership role on the health care team. I have increased my knowledge of primary health care and have agreed to chair an interdisciplinary committee that will explore the role of RPNs in acute care settings related to primary health care initiatives.